

Health and Work Centre

Travel Information

Useful web sites

Rail Track: for national rail timetables, journey planning, printable maps and online ticket purchasing.

www.nationalrail.co.uk

The Trainline: for journey planning and online ticket indirect purchasing for national rail.

www.thetrainline.com

London Underground: central London travel information including tube timetables and printable maps, bus timetables and journey planning facility.

www.tfl.gov.uk

Directions to the Royal Free from Belsize Park Underground Station

- Turn immediately right once you have exited Belsize Park Station. You are now on Rosslyn Hill.
- Continue on Rosslyn Hill, passing a BP garage and the Holiday Inn on your left and ignoring all turnings on your right until you come to a cross roads with traffic lights. Turn right into Pond Street.
- Continue on Pond Street (walking down hill), passing on your right a church and Hampstead Hill School. Just past Hampstead Hill School and before the Royal Free Hampstead NHS Trust sign, turn right keeping Hampstead Hill School on your right.
- Immediately turn left and then right to follow the pavement round the service road, cross a mini zebra crossing and turn left opposite a brown metal Royal Free Hospital sign and carry on walking towards two sets of double sliding glass doors, which are the hospital's main entrance.
- Go through the glass doors and into the Royal Free Hospital, passing a florist on your left and main reception on your right. At corridor T junction, turn left and then at next corridor T Junction turn right. Almost immediately proceed up the ramp on the right hand side of the corridor and into the Sir William Wells Atrium (also known simply as The Atrium) to register for the conference.

